

**WYTHE COUNTY SCHOOLS
2017-2018 MIDDLE SCHOOL CYCLE MENU**

WEEK 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Choose one: Chicken Nuggets or Fish Wedge with Sweet Potato Puffs Peas Roll Tossed Salad ----- Choose one or two: Assorted Fruit Choose one: FF Unflavored or Flavored Milk	Choose one: Hamburger on Bun or Buffalo Chicken Pizza with French Fries Carrots Tossed Salad ----- Choose one or two: Assorted Fruit Choose one: FF Unflavored or Flavored Milk	Choose one: BBQ on Bun or Hot Dog on Bun with Broccoli Baked Beans Tossed Salad ----- Choose one or two: Assorted Fruit Choose one: FF Unflavored or Flavored Milk	Choose one: Toasted Cheese Sandwich or Ham & Cheese on Bun with Fresh Veggie Cup w/Ranch Tossed Salad ----- Choose one or two: Assorted Fruit Choose one: FF Unflavored or Flavored Milk	Choose one: Taco/Chips or Chicken Quesadilla with Refried Beans Salsa Tossed Salad ----- Choose one or two: Assorted Fruit Choose one: FF Unflavored or Flavored Milk

WEEK 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Choose one: Pepperoni Pizza or Turkey & Cheese Sub with Corn Tossed Salad ----- Choose one or two: Assorted Fruit Choose one: FF Unflavored or Flavored Milk	Choose one: Cheeseburger on Bun or Chicken Patty on Bun with Sweet Potato Fries Baked Beans Tossed Salad ----- Choose one or two: Assorted Fruit Choose one: FF Unflavored or Flavored Milk	Choose one: Chicken Fajita Wrap or Burrito with Refried Beans Salsa Tossed Salad ----- Choose one or two: Assorted Fruit Choose one: FF Unflavored or Flavored Milk	Choose one: Mini Corn Dogs or Hot & Spicy Chicken w/Bun with Carrots French Fries Green Beans Tossed Salad ----- Choose one or two: Assorted Fruit Choose one: FF Unflavored or Flavored Milk	Choose one: Salisbury Steak w/Gravy or Chicken Fried Steak w/Gravy with Broccoli Mashed Potatoes Roll Tossed Salad ----- Choose one or two: Assorted Fruit Choose one: FF Unflavored or Flavored Milk

WEEK 3


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Choose one: Cheese Stix or Jumbo Corn Dog with Carrots Peas Tossed Salad ----- Choose one or two: Assorted Fruit Choose one: FF Unflavored or Flavored Milk	Choose one: Popcorn Chicken or Sliced Ham with Mashed Potatoes Baked Beans Roll Tossed Salad ----- Choose one or two: Assorted Fruit Choose one: FF Unflavored or Flavored Milk	Choose one: BBQ Rib Patty on Bun or Pepperoni Pizza with Salsa Corn Tossed Salad ----- Choose one or two: Assorted Fruit Choose one: FF Unflavored or Flavored Milk	Choose one: Lasagna Roll-Up or Grilled Chicken with Green Beans Sweet Potatoes Roll Tossed Salad ----- Choose one or two: Assorted Fruit Choose one: FF Unflavored or Flavored Milk	Choose one: Orange Chicken or Sweet & Sour Meatballs With Brown Rice California Blend Tossed Salad ----- Choose one or two: Assorted Fruit Choose one: FF Unflavored or Flavored Milk

Student Paid Lunch: \$2.70

Student Reduced Lunch: \$0.40

Adult Lunch: \$3.45

AUGUST							SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
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6	7	8	9	10	11	12	3	4	5	6	7	8	9	8	9	10	11	12	13	14	5	6	7	8	9	10	11	3	4	5	6	7	8	9
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27	28	29	30	31			24	25	26	27	28	29	30	29	30	31					26	27	28	29	30			24	25	26	27	28	29	30
																												31						
JANUARY							FEBRUARY							MARCH							APRIL							MAY						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
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28	29	30	31				25	26	27	28				25	26	27	28	29	30	31	29	30						27	28	29	30	31		

 School Closed

Five food components are offered daily: Meat/meat alternate, vegetable, fruit, grain, and milk. Students must take a fruit or vegetable to receive a reimbursable meal. However, they may refuse 2 of the other food components offered. The price remains the same.

MENUS ARE SUBJECT TO CHANGE

This institution is an equal opportunity provider.